

Nina Silverman Physical Therapy
111 Maiden Ln Kingston NY 12401
P: (845) 331-8590 F: (845) 331-8595

Name _____ Referring Physician _____
Height _____ Date _____
Weight _____ Birth Date _____

Hand Dominance ___ Left ___ Right

MEDICAL HISTORY (check all that apply)

___ Heart Disease	___ Diabetes	___ Lyme
___ Cancer	___ COPD	___ Arthritis
___ HIV/AIDS	___ Asthma	___ Parkinson's
___ Multiple Sclerosis	___ Hepatitis	___ Epilepsy
___ Osteoporosis	___ Pregnant	___ Fibromyalgia
___ High Blood Pressure	___ Thyroid	___ Scoliosis
		___ Stroke

Surgical Procedures (list) _____

List any medication you are taking: _____

Allergies (include medications) _____

What is your chief reason for coming to therapy? _____

When/ how did this injury or symptom begin? _____

Have you had surgery for your condition? No ___ Yes ___ Date _____

List diagnostic tests? (i.e. X-ray, MRI, EMG...) _____

Please list past treatment for your condition _____

Are you currently working? ___ Yes ___ No

What job duties do you perform? _____

Are you on restricted duty? ___ Yes ___ No

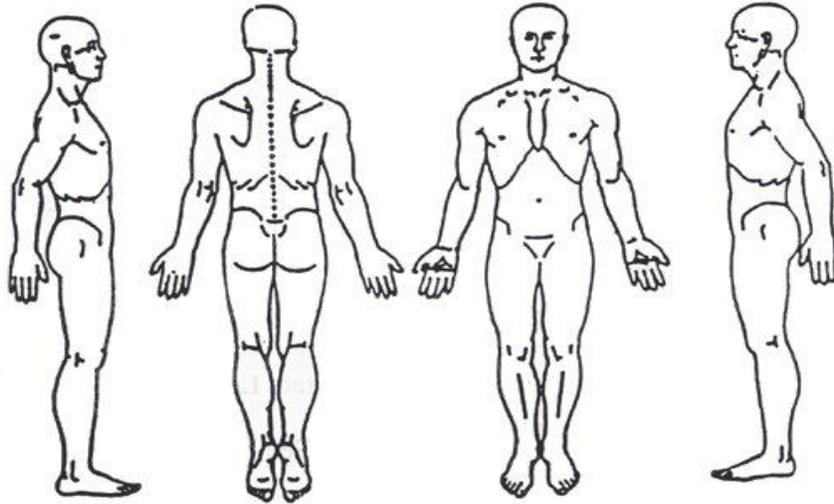
Prior to this injury, describe your activity level: (i.e. walked independently, played golf, worked...)

Please rate your ability to perform the following activities:

1. not limited 2. with some difficulty 3. with significant difficulty 4. unable

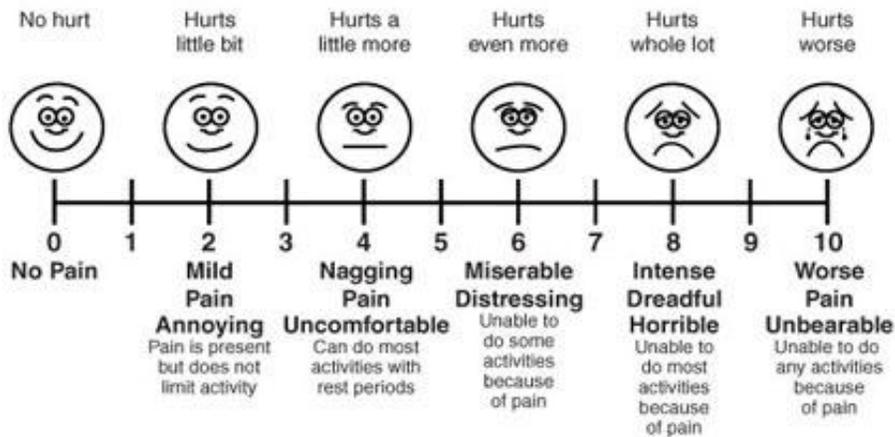
Sleeping _____	Stairs _____	Yard work _____
Dressing _____	Walking _____	Sexual Activity _____
Sitting _____	Housework _____	Sport Activities _____
Standing _____	Driving _____	Reaching _____

Where is your pain located? (Please indicate by marking the body chart below):



Is your pain intermittent or constant? _____
 What makes your pain better? _____
 What makes your pain worse? _____
 How would you describe your current pain? _____
 Achy___ Burning___ Sharp___ Throbbing___ Dull___ Radiating___

Please indicate your current pain level on the chart below:



Rate your least and worst pain level since your injury (0=no pain, 10=severe pain)

Least pain since onset _____ Worst pain since onset _____

Did you have pain prior to this injury? _____ If yes, rate your prior pain level _____

What goals do you want to achieve with therapy? _____

When do you go back to your physician? _____

To the best of my knowledge, this information I have given is complete and accurate.

Patient's signature _____ Date _____